Healthy Waffles with Strawberry and Raspberry Fruit Topping

czas przygotowania: 20 min

poziom trudności: łatwy



Light, golden waffles made with spelt flour, plant-based milk and erythritol, served with a delicious homemade strawberry and raspberry fruit topping. Crispy on the outside and soft on the inside, these easy-to-make waffles are a healthier alternative to a classic sweet treat. Perfect for breakfast, brunch or a fruity afternoon snack.

Składniki

For the waffles:

- Spelt flour – 150 g
- Gellwe Baking Powder – ½ tsp
- Gellwe Baking Soda – ½ tsp
- Lemon juice – 1 tsp
- Erythritol – 1 tbsp
- Plant-based milk – 200 ml
- Vegetable oil – 25 ml
- Salt – a pinch
- Gellwe Vanilla Flavouring – ½ tsp

For the strawberry and raspberry fruit topping:

- Strawberries and raspberries – 1 kg
- Gellwe Konfiturex – 1 pack

Sposób przygotowania